

Ramamani Iyengar Memorial Yoga Institute (RIMYI) is the heart and soul of [Iyengar Yoga](#) and is located in Pune, Maharashtra. The institute was established on January 19, 1975 and is dedicated to Smt. Ramamani Iyengar, the wife of Yogacharya B.K.S. Iyengar. Its directors are Yogacharya B.K.S. Iyengar, [Geeta S. Iyengar](#) and [Prashant S. Iyengar](#). The students from all over the world come here to receive the essence of yoga and learn the values of life.

There is a great significance behind the unique design of RIMYI. The three floors represent the body, mind and soul. It's height is 71 feet and has 8 columns which represent the eight limbs of ashtanga yoga i.e. yama, niyama, asana, pranayama, pratyahara, dharana, dhyana and samadhi.

The bust of Smt. Ramamani at the gate welcomes the visitor while that of Guruji is present in the entrance hall. Guruji's bust has been chiseled by the Queen Mother of Belgium at the age of 81 joyous at accomplishing her life's dream of performing Sirsasana.

The institute is filled with numerous awards, citations, presentations, offerings and works of art presented to Guruji. The library has 8000 titles in several languages on a variety of subjects ranging from philosophy, human anatomy and physiology, ayurveda, commentaries on the scriptures, modern medicine and of course yoga.

"Lack of knowledge is the source of all pains and sorrows whether dormant, attenuated, interrupted or fully active."

