

BKS Iyengar Yoga Center of Honolulu Schedule (updated 6/14/10)

Monday	AM	8:00 - 9:15 9:15 - 10:30	Basic 2 Basic 2	Chris Chris
	PM	1:15 - 2:30 5:00 - 6:15 6:30 - 8:00	Seniors Basic 2 Intermediate 1	Dennis Ray Ray
Tuesday	AM	7:00 - 8:00 8:30-9:30 10-11:30	Basic 1 Gentle Intermediate 1	Laurie Laurie Debra
	PM	3:45-4:30 5:15 - 6:30 6:45 - 8:15	<i>Kids</i> Basic 2 Intermediate 1	Miss Marlene Shelley Shelley
Wednesday	AM	8:00 - 9:15	Basic 2	Chris
	PM	1:15 - 2:30 5:00 - 6:15 6:30 - 8:00	Seniors Basic 2 Intermediate 2	Dennis Ray Ray
Thursday	AM	7:00 - 8:00 8:15-9:45 10:00-11:15	Basic 1 Intermediate 1 Basic 2	Laurie Laurie Debra
	PM	4:00 - 5:00 5:15 - 6:30 6:45 - 8:15	Basic 1 Basic 2 Intermediate 2	Dennis Shelley Shelley
Friday	AM	8:00 - 9:15	Basic 2	Chris
	PM	5:00 - 6:15 6:30-7:45	Basic 2 Basic 1	Shelley Shelley
Saturday	AM	8:00 - 9:00 9:00 - 11:00 11:15 - 12:30 pm	Basic 1 Intermediate 2 Basic 2	Ray Ray/Shelley Shelley
	PM	4:30 - 5:45	Basic 2	Ray
Sunday	AM	8:00-9:00 9:15 - 10:45 11:00 - 12:15pm	Basic 1 Intermediate 1 Basic 2	Shelley Shelley Shelley
	PM	4:30-5:45	Basic 1	Carol