

# BKS Iyengar Yoga Center of Honolulu

## Class schedule

Updated 1/22/10

<b>Monday</b>	<b>AM</b>	<b>8:00 - 9:15</b>	<b>Basic 2</b>	<b>Chris</b>
		<b>9:15 - 10:30</b>	<b>Basic 2</b>	<b>Chris</b>
	<b>PM</b>	<b>1:15 - 2:30</b>	<b>Seniors</b>	<b>Dennis</b>
		<b>5:00 - 6:15</b>	<b>Basic 2</b>	<b>Ray</b>
		<b>6:30 - 8:00</b>	<b>Intermediate 1</b>	<b>Ray</b>
<b>Tuesday</b>	<b>AM</b>	<b>7:00 - 8:00</b>	<b>Basic 1</b>	<b>Laurie</b>
		<b>8:30-9:30</b>	<b>Seniors</b>	<b>Laurie</b>
		<b>9:45-11:00</b>	<b>Basic 2</b>	<b>Debra</b>
	<b>PM</b>	<b>3:45-4:30</b>	<b>Kids</b>	<b>Miss</b>
		<b>5:15 - 6:30</b>	<b>Basic 2</b>	<b>Marlene</b>
		<b>6:45 - 8:15</b>	<b>Intermediate 1</b>	<b>Shelley Shelley</b>
<b>Wednesday</b>	<b>AM</b>	<b>8:00 - 9:15</b>	<b>Basic 2</b>	<b>Chris</b>
	<b>PM</b>	<b>1:15 - 2:30</b>	<b>Seniors</b>	<b>Dennis</b>
		<b>5:00 - 6:15</b>	<b>Basic 2</b>	<b>Ray</b>
		<b>6:30 - 8:00</b>	<b>Intermediate 2</b>	<b>Ray</b>
<b>Thursday</b>	<b>AM</b>	<b>7:00 - 8:00</b>	<b>Basic 1</b>	<b>Laurie</b>
		<b>8:30-9:30</b>	<b>Seniors</b>	<b>Laurie</b>
		<b>9:45-11:00</b>	<b>Basic 2</b>	<b>Debra</b>
	<b>PM</b>	<b>4:00 - 5:00</b>	<b>Basic 1</b>	<b>Dennis</b>
		<b>5:15 - 6:30</b>	<b>Basic 2</b>	<b>Shelley</b>
		<b>6:45 - 8:15</b>	<b>Intermediate 2</b>	<b>Shelley</b>
<b>Friday</b>	<b>AM</b>	<b>8:00 - 9:15</b>	<b>Basic 2</b>	<b>Chris</b>
	<b>PM</b>	<b>5:00 - 6:15</b>	<b>Basic 2</b>	<b>Shelley</b>
		<b>6:30-7:30</b>	<b>Basic 1</b>	<b>Shelley</b>

<b>Saturday</b>	<b>AM</b>	<b>8:00 - 9:00</b>	<b>Basic 1</b>	<b>Ray</b>
		<b>9:00 -11:00</b>	<b>Intermediate</b>	<b>Ray/ Shelley</b>
<b>11:15-12:30pm</b>		<b>2</b>	<b>Shelley</b>	
	<b>PM</b>	<b>4:30 - 5:45</b>	<b>Basic 2</b>	<b>Ray</b>
<b>Sunday</b>	<b>AM</b>	<b>8:00-9:00</b>	<b>Basic 1</b>	<b>Shelley</b>
		<b>9:15-10:45</b>	<b>Intermediate</b>	<b>Shelley</b>
		<b>11:00-12:15pm</b>	<b>1</b>	<b>Shelley</b>
			<b>Basic 2</b>	
	<b>PM</b>	<b>4:30 - 5:45</b>	<b>Basic 1</b>	<b>Carol</b>